Did you know? Half of the world is affected by anemia, with profound health implications across generations.

Fact Children & Adolescents especially girls, are vulnerable to anemia. India’s high rates impact birth weights and future health.

Look for Symptoms: Be Alert, Be Aware

- Paleness of Skin & Swelling Over Body
- Irritability
- Easy Fatigability
- Poor School & Sports Performance
- Poor Appetite
- Dizziness & Headaches
- Breathlessness
- Growth & Developmental Retardation

The commitment of 44,000 pediatricians of IAP is set to drive significant change!

For More Information: www.iapindia.org Write to: ibc@iapindia.org
Prevent anemia in children today

What is Anemia?
Anemia is deficiency of hemoglobin, which is the red pigment of blood.

Know the causes:

- Nutritional Anemia: Deficiency in iron, vitamin B12, and folic acid
- Chronic Blood Loss
- Worm infestations
- Malaria
- Genetic Causes - Thalassemia
- Lead poisoning

Be aware to be better

For more information: www.iapindia.org  Write to ibc@iapindia.org

@indianacademyofpediatrics
PARENTS!

Is your child taking iron-rich foods daily?

Biannual deworming for your child?

Consult your pediatrician today!

PROTECT YOUR CHILD FROM ANEMIA

FOR MORE INFORMATION www.iapindia.org Write to ibc@iapindia.org