

WORLD **ANEMIA** AWARENESS DAY

Feb 13th

Did you know?

Half of the world is affected by anemia, with profound health implications across generations.

Fact

Children & Adolescents especially girls, are vulnerable to anemia. India's high rates impact birth weights and future health.

Look for Symptoms: Be Alert, Be Aware



Paleness of Skin & Swelling Over Body



Irritability



Easy Fatigability



Poor School & Sports Performance



Poor Appetite



Dizziness & Headaches



Breathlessness



Growth & Developmental Retardation

The commitment of 44,000 pediatricians of IAP is set to drive significant change!

For More Information: www.iapindia.org Write to: ibc@iapindia.org

PREVENT ANEMIA IN CHILDREN TODAY

What is Anemia?

Anemia is deficiency of hemoglobin, which is the red pigment of blood.

KNOW THE CAUSES

Food lacking in
Iron | Folic acid | Vitamin B12



Nutritional Anemia: Deficiency in
Iron, Vitamin B12 and Folic acid



Chronic Blood Loss



Worm Infestations



Malaria



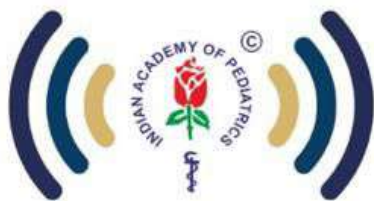
Genetic Causes - Thalassemia
Be Aware to Be Better



Lead Poisoning

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@indianacademyofpediatrics



IAP ki BAAT
COMMUNITY ke SAATH



**Indian Academy
of Pediatrics**



PARENTS!



Is your child taking iron-rich foods daily?

Biannual deworming for your child?



Consult your pediatrician today!

**PROTECT YOUR CHILD FROM
ANEMIA**



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