

#### IAP EXECUTIVE BOARD MEMBERS - 2018

Dr Santosh T Soans **President** 

**President Elect** Dr Digant D Shastri

Dr Anupam Sachdeva **Imm. Past President** Dr Remesh Kumar R Secretary General

Dr Upendra S Kinjawadekar **Treasurer** 

Dr Dheeraj Shah **Editor-In-Chief, IP** Dr NC Gowrishankar **Editor-In-Chief, IJPP** 

**Vice President - East Zone Dr Arup Roy** 

Dr Vineet K Saxena Vice President - Central Zone Dr Kedar S Malwatkar Vice President - West Zone

Dr Harmesh Singh Vice President - North Zone Dr D Gunasingh Vice President - South Zone

Dr Sangeeta Yadav Jt. Secretary - Liaison Dr Sandeep Bapu Kadam Jt. Secretary - Admin

#### **Executive Members**

Dr A Yashowanth Rao, Dr Abhay Kantilal Shah, Dr Amar Singh Thakur, Dr Asutosh Mahapatra, Dr Chhaya Harnarain Sambharya, Dr G Sudhakar, Dr Ganesh L Kulkarni, Dr GV Basavaraj, Dr HB Mallikarjuna, Dr Jayant G Joshi Dr Jose Ouseph, Dr Maj K Nagaraju, Dr Lakhan Poswal, Dr LN Taneja Dr Mahesh A Mohite, Dr Mritunjay Pao, Dr Nandini P Pathak, Dr Nigam Prakash Narain Dr Piyali Bhattacharya, Dr Rajeev Seth, Dr Rajendra C Dev, Dr Rakesh C Bhardwaj Dr Rakesh Kumar Jora, Dr Ramesh B Dampuri, Dr Ramesh Kumar Goyal, Dr Ritesh Chhabra Dr Samir Hasan Dalwai, Dr Sandip K Trivedi, Dr Sanjay K Ghorpade, Dr Santanu Deb Dr Shalabh Kumar, Dr Shimmy Paulose, Dr Shrinath B Mugali, Dr Shyamkumar Laishram Dr Subhash Singh Slathia, Dr Subhasis Roy, Dr Subroto Chakrabartty, Dr Sudhir Mishra Dr Tarlochan S Randhawa, Dr Tl Ratna Kumari, Dr Tp Jayaraman, Dr Ushamani K Elango Dr Vivek Saxena, Dr Vp Goswami, Dr Yogesh N Parikh, Dr Ys Guru Prasad





#### **Editor's Note**

Dear colleagues,

With this December issue of Child India, we convey Season's Greeting and wishes to all for a Happy and Prosperous New Year.



After an eventful and academically rich 2018 we are to enter into another year that would take our knowledge in child health to even greater heights.

December celebrates World Aids Day on 1st (theme 'Know Your Status') and International Day of Disabled Person on the 3rd (Theme "Empowering persons with disabilities and ensuring inclusiveness and equality").

IAP Drug Formulary 2019 - 5th Edition - was released by President Dr Santosh Soans at the Inaugural function of West Bengal State Conference and Nation Conference of IAP CMIC at Kolkata on 8/12/18.

Most States have had their respective IAP State Annual Conferences and the resultant scientific sessions and a slew of activities on the IAP Action plan front has turned this year end into a teaching and learning experience for beyond ones fondest imagination.

We are eagerly awaiting the results of IAP Awards for 2018 and here is wishing all performers are appreciated.

Have a great ending to year 2018 and pray for cheer and joy in 2019

Jai IAP!

Dr Jeeson C Unni

Editor-in-Chief





# **President's Message**

Dear IAPians,

Greetings from Team CIAP.

We are almost there, with only a month of Presidency to go by. When I look back on how the year has passed it brings me to smile. I remember a saying, "You know how well you have performed for the task you were appointed when you look back. If are able to smile, it means you have done good work." It is not for me to judge whether I have done good work or not, but definitely I'm able to smile for what I have done.

November month too was hectic from International to National scene. It started with IAP team comprising myself, President Elect Dr. Digant Shastri, HSG Dr. Remesh Kumar and Dr. Alok Gupta attended AAP Conference at Orlando. Florida, USA. It was a mammoth meet with more than 20,000 delegates. It was very fruitful. For the first time IAP engaged AAP leadership on everyday basis. We had three meetings and it was decided that the two great organizations, IAP and AAP, will collaborate in the field of NCD, child abuse, child rights, emergency pediatrics and new born resuscitation. Dr. Colleen Kraft President of AAP was a wonderful host; our team gave a personal invitation to her to attend the PEDICON 2019 at Mumbai.

On my return to India on 8th November, I had to rush to Delhi to attend RNTCP meeting at Nirman Bhavan, New Delhi. It was decided to bring out the reedited module and have a TOT during Pedicon Mumbai. Dr. Kuldeep Singh Sachdeva assured us that government is ready to go all out to end TB by 2025. He informed IAP that they will be sponsoring the RNTCP workshops in every district of India. This is a good example of Public Private Partnership

where GOI and IAP have come together for the benefit of children of our beloved country. You can expect RNTCP programme to roll out from 2019-20.

On 11th November under the stewardship of



Dr. Neelam Mohan Charming, Gastroenterologist of Medanta Hospital, Delhi Consultative Meet on acute Diarrhea Module was held at Delhi. Dr. S. K. Yachha, Dr. John Mathai and host of others participated in the meet. This is short module of just 90 minutes, sure to roll out in 2019. On 14th November I celebrated the Children's day at my own department at AJ Institute of Medical Sciences & Research Centre, Mangalore.

On 15th November I attended Staff Training program at Aanchal Milk Bank, District Hospital, Alwar, Rajasthan. I delivered the inauguration address. Under the leadership Dr. Balraj Yadav, IYCF is doing yeomen service regarding the breast milk banking. I was so happy and thrilled to meet my good friend Dr. Suresh Sharma and members of IAP Alwar who felicitated me in Rajasthani style with huge rose garland. I was touched by their love and affection. From there I along with Dr. Balraj Yadav, Guruji and Satish Tiwari went to meet Dr. Naveen Jain Health Secretary who released first training manual of Breast milk banking at Jaipur Rajasthan.

Overnight travel brought me to Coimbatore to attend NCPCC 2018 where I was felicitated and gave a talk on Micro Nutrients in PICU. The highlight of my visit was to bring the two warring factions of my own Intensive Care Chapter together. They finally resolved all their misunderstandings. Everyone promised to work together and end the dark period of





#### **President's Message**

IC Chapter. At this time I should thank the President Elect 2019 Dr. Bakul Parekh who helped me to bring this matter to a logical end.

From Coimbatore my journey took me to Lucknow to attend UP PEDICON on 17th where I delivered an oration "Healing Hands and Caring Hearts". I also attended the inauguration as guest of honour. It was a well organized conference where I could meet my Vice President Dr. Vineet Saxena, EBs Dr. Piyali Battacharya, Dr. Shalab Agarwal and Dr. Vivek Saxena. Dr. Girish Agarwal, President of IAP UP State and his team has done excellent work during the last year.

On 18th Sunday I returned home to Mangalore to attend the last and final Zonal TOT of SAATH SAATH at A.J. Medical College. It was a grand success with more than 40 Pediatricians and Obstetricians participating. I should thank Dr. Vaishali Chavan Representative from FOGSI who attended the meet.

21st November was the last and final EB meeting of the year at Mumbai. Everyone was in festive mood for the productive work my OB and EB had done. They had shown how constructive work can lift any organization to levels unheard of. Many issues were discussed as the hallmark of this year. Everything went on smoothly.

The night travel took me to Delhi to attend the NNF New Born Week Celebration on 22nd November, which was graced by Dr. Vinod Paul, member of Niti Ayog, Dr. Santosh Barghav Dyon of Neonatology, Founder President of NNF. Dr. Bhatia President NNF, Alok Bhandari Secreatry and NNF President Elect 2018 Dr. V. P. Goswamy were present. I had a hearty discussion with Dr. Vinod Paul regarding new born care and IAP.

On 23rd I went to Indore from Mangalore to attend NATIONAL RESPICON at Indore. It was a great conference with excellent hospitality and academic feast with Dr. V. P. Goswamy giving personal attention to every delegate. Looking at the team work I am sure Pedicon 2020 will be a bench mark for others to surpass. From there, on 24th morning I flew to Calicut and then on to Manjeri where the Kerala State Pedicon was held. I delivered my talk on Recognition of Sick Child which was well appreciated. Nothing like meeting my HSG Dr. Remesh Kumar, where we could personally discuss important issues of IAP.

On 30th I attended much awaited 1st West Zone Cum MAHAPEDICON at Mahabaleshwar. Dr. Sanjay Ghorpade, an experienced hand in organizing conferences, did a wonderful job. I am sure every delegate enjoyed the conference. I was the chief guest for the inauguration. The President Elect, HSG, President Elect 2019 all were present. The highlight was the honoring of senior pediatricians which included Dr. Uday Bodhankar, Past President.

I am also happy to inform you that I have been selected as the Founder President of OM Guild, which is a federation of different associations, a President of Presidents. I look upon this as a great honor to Indian Academy Of Pediatrics to take up this leadership role among the other associations.

I take this opportunity to thank my HSG, President elect and all EB members and OB of 2018 for giving me their support, affection and good wishes to lead this great organization on to a better future. With regards,

Dr. Santosh T. Soans





# Secretary's Message

Dear Friends.

Another hectic month has passed by. For all of us in IAP, it was the time for worthy academics coupled with socialisation offered by the Annual Conferences happening across the state branches. All the State



branches were vying with each other to offer the best conference in terms of academics as well as hospitality, gastrocnemics and ambience. The President, President Elect & HSG found their way to almost all the gatherings and exchange pleasantries with the delegates.

The Central IAP Team was equally fortunate to participate in the Annual Conference of American Academy of Pediatrics at Orlando, Florida. Many path breaking joint ventures were channelled during the discussions with the Office Bearers of AAP especially the President AAP, Dr Colleen Kroft. The efforts of IAP to 'go global ' gained a quantum momentum subsequent to the discussions with AAP Team.

The workshops of CIAP Modules are running in full steam with the branches trying to complete the same before the specified deadline. CIAP is very much proud to note that all the workshops were well attended with delegate involvement to the hilt. The enthusiastic response to Central IAP action plans has so much energised the CIAP Team that we are pushing hard for many more new academic modules in the coming year.

Finally a word of Thanks to the great IAPian at the Editors Desk of CHILD INDIA, Dr Jeeson Unni. His Team has brought out 12 wonderful issues of this digital magazine in a prompt and meticulous manner.

Jai IAP, Jai Hind!!!

Warm regards,

Remesh Kumar R.

Hon. Secretary General 2018 & 2019

# Child India



















1st West Zone Pedicon & Mahapedicon

















**AAP CONFERENCE, Orlando** 

















### Saath Saath Mangalore - 18th Nov 2018



With Dr. Maninder-NCPCC 2018



Kerala pedicon



With Dr. Nanda kumar Sharma - With the American Academy of Pediatrics president Colleen Kraft at Orlando





















**EB MEETING 21st Nov 2018 Mumbai** 







Children's day celebration- Nov 14, 2018



Consultative meet on acute Diarrhea module, Delhi-11th Nov., 2018









NNF meeting New Delhi- 22nd Nov 2018



















Respicon Indore - 24th-25th Nov 2018













Staff training program at Alwar, Rajasthan





UP Pedicon- 16th -18th Nov 2018





#### **Adolescent week celebration by AHA Lucknow**









AHA Lucknow Branch of Lucknow Academy of Pediatrics has been celebrating adolescent week from 11.11.18-17.11.18 with the theme "Neither an adult nor child Be guide". Daughters Day was celebrated on 11.11.18 starting with media awareness on radio program followed by orphanage program for health awareness of girls. In the evening, inaugural event was conducted. Posters and handbills were released for public awareness of adolescent health issues in presence of all office bearers of LAP& AHA Lucknow and all members. Regards

#### **IAP West Bengal**





The PG Teaching Session of WBAP was held on 3rd November by Prof Sanat Ghosh. World Immunisation Day was celebrated by WBAP on 10th November by organising a seminar on MR Vaccine Campaign at Medical College, Kolkata. Speakers - Director of Health Services, Govt. of West Bengal, Dean & HOD of Pediatrics, Kolkata Medical College, HOD of Community Medicine, Medical Officers from UNICEF and WHO, and President, WBAP. The National Conference of the Indian Academy of Cerebral Palsy was held on 23rd and 24th November at Medical College, Kolkata





#### **Snaps from IAP Kerala**



AIDS day Sandesha Rally, followed by Awareness talk by Dr Nimmi, M.O., Chc Meenangady



Dr Maria Grace Treasa on Speech Disorders on world disability day Aster Medcity Kochi





IAP Thrissur World Aids Day Awareness class& Rally held at Kunnamkulam. Program was inaugurated by chairperson Seetha Raveendra. ASP& CI of Police.



World Disability Day at Aster Medcity Kochi - Band by visually impaired







World Disabled Day at Elliot's Beach - morning 6am to 9 am - 300 pledges - 500 visitors - happy kids learning ADL and sand play





#### IAP Palakkad







Mission Kishore Uday - Palakkad





# IAP Drug Formulary 2019 - 5th Edition released by President Dr Santosh Soans at Inaugural function of National Conference of IAP CMIC at Kolkata on 8.12.2018

# IAP Pediatric Drug Formulary 2019

The IAP Drug Formulary 2019 is the 5th hard copy edition of this prestigious Indian Academy of Pediatrics publication (IAP).

One section of this exclusively pediatric formulary contains IAP Recommendations on Drug Therapy of 530 odd pediatric illnesses. The contributions for this edition to this section of the textbook were made by 100 pediatricians who are members of the various specialty chapters of the IAP.

The Drug Monographs section of the formulary contains detailed, well researched information on nearly 630 medications licensed for use in neonates, children and adolescents. The monographs highlight the drug class, pharmacokinetics, uses, dosages for the various conditions the given drug is licensed for use, mode of administration, contraindications and precautions, issues with use in pregnancy and lactation, drug interactions, side effects and toxicity management. Only one or two representative brand names available in India are included for most generics.

The General Information section details all that a pediatrician needs to know regarding prescribing a medication for this target group. Generation of a prescription, methods and routes of administration and do's and don'ts for each of them, types of drug interactions to look out for, dosage changes required in renal and hepatic impairment, food drug interactions and reporting of adverse drug reactions are dealt with at length in this section.

The Quarterly Web Update facility has made the contents quite dynamic. Changes are being made in the formulary as and when new developments in pharmacology and pediatric therapeutics became available. After 51 Web Updates, the contents of the present 53rd Web Updates is very different from that in the original book - IAP Pediatric Drug Formulary 2004. Therefore, every 3rd year a new hard copy edition of the The IAP Drug Formulary - latest being this 5th Edition - IAP Pediatric Drug Formulary 2019 - is published.

The IAP Drug Formulary mobile app is available in 4 platforms. All quarterly Web Updates are automatically updated on these mobile apps.

The 'Pocket Dose Book of Medicines in Children and Adolescents' (new 6th edition is available) is a very popular publication of the IAP Drug Formulary.

All these products are available for online purchase at www.iapdrugformulary.com.

The Formulary contains information, which, to the best of our knowledge, is accurate and up-to-date. But every practitioner must, as we have always insisted, take individual responsibility for taking all precautions when dispensing and administering drugs to children.



# **Indian Academy of Pediatrics**

For private circulation only



#### **IAP Lucknow**



Antimicrobial
awareness week
celebrated by
Lucknow Academy of
Pediatrics
from 28 Sep 5 Oct 2018.

IAP E-BULLETIN OF CHILD INDIA COMMITTEE	
DR CP BANSAL	ADVISOR
DR SS KAMATH	ADVISOR
DR SANTOSH T SOANS	CHAIRPERSON
DR DIGANT D SHASTRI	CHAIRPERSON
DR REMESH KUMAR R	IAP COORDINATOR
DR JEESON C UNNI	CONVENER
DR ARUP ROY	EDITORIAL BOARD
DR VARGHESE CHERIAN	u u
DR ISMAIL N	u u
DR SHIVAPRASAD PS	u u
DR CHHAYA HARNARAIN SAMBHARYA	u u
DR M NARAYANAN	u u
DR JAGDISH CHINNAPPA	u u
DR SAMIR HASAN DALWAI	u u
DR PREETI M GALAGALI	u u
DR PALLAB CHATTOPADHYAY	u u
DR YATIN I MEHTA	u u

President's page - Dr Santosh Soans - Standing up for Science - https://www.indianpediatrics.net/ dec2018/1031.pdf - an article in which he encorages doctors to 'evidence based activism'

For browsing the contents of DPT Developmental Pediatrics Today e Newsletter of
IAP Neurodevelopment Chapter March issue
http://iapndp.org/downloads-links/

Link of Child India Vol. 5 - May 2018 http://www.mediafire.com/file/xpve-614s9oiqr31/CHILD INDIA MAY 2018.pdf