

# Child India

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Monthly e-Newsletter of Indian Academy of Pediatrics



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## Editor's Note

Dear colleagues,

The November issue of Child India is at hand. And this is an month important for IAP as we pediatricians celebrate Children's day (also known as Bal Divas) to increase the awareness of people towards the rights, care and education of children. The World Diabetes Day is also celebrated on the same day.



Major IAP week and day celebrations are due this Diwali month. You all would be in the midst of Child and Adolescent Health Care Week (CAHCW) and are busy guiding the adolescent. The IAP Teenage day, Daughter's day and The healthy lifestyle week will also keep us IAPians on our toes.

Indulgent and over-indulgent parents lose the battle when children are fussy about food and throw regular tantrums over their refusal to eat fruits and vegetables, and demand oily fast foods and sugared drinks. Added to this is the growing list of processed foods, with noodles right at the top, which have invaded our kitchens. The consequences of all this is disastrous - unhealthy food and inactivity are making children of our country short and overweight. Let's together fight this epidemic with gusto during the coming weeks.

Child Rights Day and the Universal Children Day are celebrated on Nov 20th to reconsider the real human rights for all the children in India. The World Epilepsy day is on Nov 17th and programs to popularise issues related to childhood seizure disorders need to be conducted.

Our OBs have just returned from the AAP Conference and are full of news about the extremely fruitful discussions they had with the OB of AAP. IAPians will sure benefit from our collaborative programs with the AAP.

Let us take this opportunity to congratulate all the winners of the recently conducted IAP elections and wish and thank all our friends who stood for elections so that they could serve the Academy.

Wishing you all a great November

Jai Children of our country,

Jai IAP!

**Dr Jeelson C Unni**

Editor-in-Chief

## President's Message

Dear Iapians,

Greetings from CIAP team.

As we are getting near to the year end, a vibrant, rejuvenated IAP is working on all four cylinders. When I look back I am pleased how the academics has taken over the politics. This month too was eventful with lot of academics at every nook and corner of our beloved country. As the State Pedicon and Sub Specialty conferences have started. I am sure every IAPian will be busy.



On 6th of October I had opportunity to be the Chief Guest at Punjab State Pedicon and the First North Zone pedicon at Amritsar. I could experience one of the best hospitality ever. All the faculties visited Revered Golden Temple to seek the blessing. I delivered Dr. Sachdeva oration on challenges in PICU. On 7th I attended Annual conference of PATS along with Neuro Developmental Pediatrics at Hyderabad where I was chief guest and participated in a panel discussion on Improving and Liaisoning with the Government institutions.

Next week was eventful and colorful week with Karpedicon 2018 where I could meet number of old friends from my state. I was taken care like a Maharaja was felicitated and was chief guest at Inauguration. 13th Night myself, HSG and President elect 2020 had to travel to Navi Mumbai office. We attended series of meeting, Office Bearers meeting, Constitution review committee meeting, Indian college of pediatrics committee meeting and meeting with Web master and Digital IAP Adviser Dr. Amit Shah. All meetings were fruitful with lot of discussion and lot of suggestions. I am happy to inform finally ICP is taking a strong shape hope to have uniformity in all our fellowship programs.

It was pleasant surprise to be called again for the Annual CME of IAP Emirates at Sharjah on 19th October which was organised by IAP emirates. I would like to congratulate Dr. Sunny Kurian, President IAP Emirates for bringing IAP across the borders and holding this program year after year for last 8 years. Dr. Remesh Kumar HSG, Dr. Sachidananda Kamath Past President, Dr. Raj Warriar USA, Dr. Upendra Kinjuvadekar, Dr. Abhishek Kulkarni. I was thrilled to meet my

## President's Message

old classmates of Post Graduation days and my students who are settled down in UAE. From there I had to attend Raj Pedicon at Kota on 20th. I was touched by the affection shown to me by the IAPians of Kota. I was the chief guest for the inauguration and gave oration on "Comprehensive quality care - Right of every child" . I was happy to see the small branch like Kota was the first one to construct their own IAP house with lot of financial difficulties. I wish the branch very best in their future endeavors.

On 24th October I flagged of the Rally on awareness of Polio eradication by Rotary district in Mangalore. Rally was attended by many Rotarian's of the district. At this stage we should not forget the help rendered by the Rotarian's for pulse polio program.

On 26th evening I attended the meeting to plan and formulate the consensus statement on CMPA and a status statement on Special infant formula at Mumbai with ISPGHAN, Dr. Malathi Sathiyasekaran ( President ISPGHAN), John Matthai and Dr. Yacha were present. As there are new special infant formulas flooding the market, it's a right time to bring the consensus statement and sensitize IAPians. From there I reached Ahmadabad for 21st NCPID 2018. A very well organized conference with lot of fun and academics. During the Banquet I performed my first ever Dandiya dance dressed like typical Gujarati. I congratulate the organizing team led by Dr. Abhay Shah, Dr. Chetan Trivedi and Dr. Jayanti Gosai for the great conference. I wish Dr. Narayanappa a very best as a Chairperson of Infectious Diseases Chapter in the coming year. On return , same day I traveled to USA to attend AAP Conference at Orlando.

I take this opportunity to thank my HSG, President elect and all EB members and OB of 2018 for giving me support, affection and wishes to lead this great organization in to a better future.

With regards,

**Dr. Santosh T. Soans**

## Secretary's Message



Dear Friends,

Glancing back from the last quarter of the Academy year, we at Central IAP Office are quite happy that we had a very successful period wherein we were able to keep the our Friends in the Academy across the country continuously engaged on appositive note.. Apart from the flurry of Action Plan Programs , branches were on their toes last 3 months by celebrating the themes for the Days & Weeks Celebrations. I am most happy to note that apart from the health care providers, the causes for child welfare were taken to the public through schools and social media. This has definitely given a fresh impetus to the child welfare advocacy of Indian Academy of Pediatrics.

We were able to have much better liaison with the Government of India and allied agencies with measures aimed at better newborn survival ( NRP ), reducing burden of NCD, Diarrhoea Control Program, RNTCP etc during this period. Our President Dr Santosh T Soans has been most enthusiastic about involvement with Government and thus attaining better visibility and recognition for our work in child health domains.

Congratulate the Team at Child India desk led by Dr Jeelson Unni who have been prompt and committed to remain as the digital organisational mouthpiece of our Academy in the last one year in the lost meticulous manner.

Warm regards & Best Wishes,

Jai IAP, Jai IAP !

**Remesh Kumar R.**

Hon. Secretary General 2018 & 2019

## IAP President's Engagements - October 2018



8th International Pediatric Update, Dubai - Oct 19-20, 2018

## IAP President's Engagements - October 2018



21st NCPID 2018 - Ahmadabad - 26th October 2018

## IAP President's Engagements - October 2018



Confrence of PATS - Hyderabad - 7th oct 2018



## IAP President's Engagements - October 2018



Karnataka Pedicon, Dharwad - Oct 12-13, 2018

## IAP President's Engagements - October 2018



Raj Pedicon Kota - Oct 20-21, 2018

## IAP President's Engagements - October 2018



IAP TCB - Secunderbad - 6th Oct 2018



ICP meeting



OB meeting - Oct 14 2018



Polio rally in Mangalore on 24th Oct 2018

## Common Office Pediatric Problems (COPP) 14th Oct 2018



## Asthma Training Module (ATM) - 21st Oct 2018



## IAP Trivandrum



Rational antibiotic day CME by Thiruvananthapuram IAP - Panel discussion on rational antibiotic therapy in pediatric practice - 28.9.18



CIAP – STRIDE Master class on Fever, Cough and Sneezing was conducted on 27.10.18 at Hotel Hycinth.



IAP Thiruvananthapuram in association with RCC Trivandrum conducted the State Onco-hematology Conference at RCC Trivandrum on 7.10.18.



Consultative meeting on Rare disease Policy-Way forward at CDC conducted by IAP TVM in association with NHM, CDC and Dept of Pediatrics MCH On 6.10.18. Guest speaker was Dr.Hartman (Switzerland).

## Mission Kishore Uday October 2018 Activity Report



Bangalore



Bhubaneswar



Lucknow



Mangalore



Nagpur



Mumbai

## EPID



## IAP Lucknow



Lucknow Academic of Pediatric also Conducted CME cum Symposium on 30th Sep with a Panel discussion on "Rationale Antibiotics Use" moderated by Dr. K.K. Yadav, Assistant Professor, RMLIMS, Lucknow and panelist included Dr. Pramod Jog, Professor D.Y.Patil.



Interactive RSKS program. Dr Prema & Dr Somashekar as cofaculty.



Walkathon at St. Johns School, Trivandrum, Flag off by Padmasri Dr Marthanda Pillai, Chairman Ananthapuri Hospital and past national president IMA

## IAP Trivandrum



Dr Sebastian Leukise (IAP Kottayam) giving awareness for students at St. Thomas HSS Pala on world diabetes day. It was followed by Diabetes awareness rally



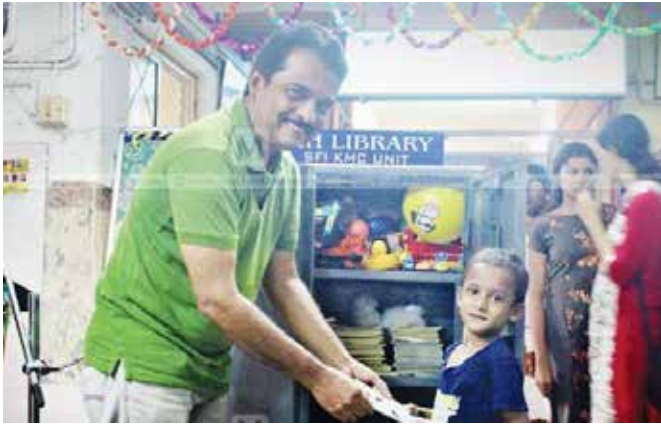
## IAP Kottayam



Dr S Omana, HOD Pediatrics inaugurating the Children's day celebrations at ICH Kottayam jointly organised by ICH & IAP Kottayam







Inauguration of Children's Library at ICH, Medical College Kottayam; Pediatric ward by Director Jayaraj on Children's day



Children's Day Celebrations IAP Malapuram



At NIPMR Irinjalakuda, Kerala, our CP and ASD kids had fun too on Children's day. Race, passing the ball, quiz programme etc. How they love getting prizes!



CME on Neurodevelopmental Disorders at Aster Medcity, Kochi.





Dr Raj Warriier, former VC Manipal University being felicitated at UAE updates

## Jalandhar Academy of Paediatrics Organised Paediatrics Hematology CME



Jalandhar Academy of Paediatrics organised Paediatrics hematology CME in association with Dr Gaurav Kharya from Artemis Hospital, Gurgaon.



Antibiotics awareness week, At GH Ernakulam



Aster Medcity Adolescent Week Celebrations at Kothad School, Ernakulam



Premature Day Celebrations Aster Medcity, Kochi



Diabetes Day celebrations Aster Medcity



Diabetes Day celebrations Aster Medcity, Kochi



Antibiotic Awareness Week GH Ernakulam



Children's Day Celebrations - IAP Malapuram



Adol week celebrations at Aster Talk of Girl Child at the OPD

## IAP West Bengal



October was the month of festivals and elections for WBAP. We were the first state branch to go for electronic voting to elect the new executive board. In between all the political activities and festivities, the PG Teaching Session of WBAP was taken by Dr Kaninika Mitra, senior health officer from UNICEF, on the current Mother and Child Programs in our country, which was highly appreciated by the students.

IAP E-BULLETIN OF CHILD INDIA COMMITTEE	
DR CP BANSAL	ADVISOR
DR SS KAMATH	ADVISOR
DR SANTOSH T SOANS	CHAIRPERSON
DR DIGANT D SHASTRI	CHAIRPERSON
DR REMESH KUMAR R	IAP COORDINATOR
DR JEESON C UNNI	CONVENER
DR ARUP ROY	EDITORIAL BOARD
DR VARGHESE CHERIAN	“ “
DR ISMAIL N	“ “
DR SHIVAPRASAD PS	“ “
DR CHHAYA HARNARAIN SAMBHARYA	“ “
DR M NARAYANAN	“ “
DR JAGDISH CHINNAPPA	“ “
DR SAMIR HASAN DALWAI	“ “
DR PREETI M GALAGALI	“ “
DR PALLAB CHATTOPADHYAY	“ “
DR YATIN I MEHTA	“ “

President's page - Understanding the Basics -  
<https://www.indianpediatrics.net/nov2018/941.pdf>  
 where Dr Santosh Soans, our President, ponders over principles in life that would help a person achieve one's dreams.

For browsing the contents of DPT -  
 Developmental Pediatrics Today -  
 e Newsletter of  
 IAP Neurodevelopment Chapter March issue  
<http://iapndp.org/downloads-links/>

Link of Child India Vol. 5 - May 2018  
[http://www.mediafire.com/file/xpve-614s9oiqr31/CHILD\\_INDIA\\_MAY\\_2018.pdf](http://www.mediafire.com/file/xpve-614s9oiqr31/CHILD_INDIA_MAY_2018.pdf)