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#### **CONTENT**

| 1. | Editor's Note                 | 3  |
|----|-------------------------------|----|
| 2. | President's Address           | 4  |
| 3. | Secretary's Message           |    |
| 4. | President's Engagements       | e  |
| 5. | Branch Activities at a Glance | 13 |



#### **Editor's Note**

Dear Colleagues,

October has been the month when IAPians exercise their franchise to chose their representatives to the IAP National Executive Board. The results of the election will be announced on Oct 31st. Child India wishes all the esteemed candidates the very best.



October was first designated as Down Syndrome Awareness Month in the 1980s and has been recognized every October since. It is a time to celebrate people with Down syndrome and make others aware of their abilities and accomplishments. The theme of World Down Syndrome Day this year is "Inclusion Means". It calls for making efforts to include people with down syndrome in all matters of life and not discriminate against them.

World Cerebral Palsy Day, created by Cerebral Palsy Alliance is observed on October 6 since 2012. The day celebrates lives of 17 million people living with Cerebral Palsy and aims at ensuring that children and adults with cerebral palsy have the same rights, access and opportunities as rest of the world. The Theme for World Cerebral Palsy Day 2022 - "Millions of Reasons" – is a campaign "to embrace diversity and to help create a more accessible future for everyone."

On October 11th 2022, we commemorate the 10th anniversary of the International Day of the Girl (IDG). This year's theme is "Our time is now—our rights, our future", signifying the increased need to invest in girl's rights and confront the myriad challenges girls face, which have worsened due to climate change, the COVID-19 crisis, and humanitarian conflicts.

White Cane Safety Day 2022 is observed on the 15th of October. White canes are the symbol of independence for the visually impaired. This day calls for learning and educating people about the importance of this tool, and celebrating this symbol of independence.

Let us celebrate October together.

Jai IAP, Jai Hind

Yours in IAP service,

Dr Narayanan M.

**Editor** 

#### **President's Address**

Dear seniors and dear friends,

The term "pediatrics" is derived from the two Greek words, pais meaning child and iatros meaning doctor and healer. As such it is intended to mean the healer of children.



There are 472 million children in India under the age of 18 years, representing 39% of the country's total population.

A large percentage, 29% of that figure constitute children between the ages of 0 to 6 years. In addition, 73% of children in India are living in rural areas, often have limited access to fundamental needs such as nutrition, access to healthcare, education, and protection.

Investment in children is the key to building a strong nation of the future. IAP members in urban and rural areas play an important role in this process.

Let us all contribute our bit for our country,

Regards and wishes,

Jai IAP, Jai Hind

#### Dr Remesh Kumar

National President, IAP 2022



## Secretary's Message

Dear Friends,

"Alone we can do so little; together we can do so much."

Wish you all a very happy, healthy and prosperous Diwali. The festival of lights places yet another gift from CIAP at your desktop. We are pleased to announce a giant step in the digital era of Indian academy of Pediatrics. The IAP PedCard -the one-stop menu for IAP Portal Access and Member Benefits, has been launched on 24th Oct 2022. This achievement is another feather in the golden crown of Indian Academy of Pediatrics.



We are happy to inform you that, October 2022 also an academic feast for all our colleagues. We have successfully organised IAP South Zone Pedicon at Belgaum, Karnataka and two more prestigious events are in the pipeline this month ie. UP Pedicon 2022 at Jhansi and PCNI at Delhi this month. Also, IAP GDBPCON, National Conference of IAP Growth, Development and Behavioral Pediatrics Chapter successfully organised their annual conference at Pune

e-voting for IAP Election for the year 2023 has been started this month. On behalf of CIAP, I request all our esteemed eligible members to cast their valuable votes and actively participate in this process of democracy.

Along with this, Indian Academy of Paediatrics conducted workshops on the following modules under the Presidential Action Plan 2022. 1 Workshops of Pediatric Emergency Care & Resuscitation Training Module (PECART), 7 of Demystifying Allergic Disorders (DAD), 2 of Pyrexia of Infection & Non-Infection (POINT), 4 of Ped Gastro, 3 of Pulmostar, 5 of use of Medications in Pediatrics (UMP) & 1 of Growth & Puberty- A Challenging Journey-Pediatric Endocrinology Module, 6 of Perinatology - Caring both ends of the Cord.

About the NTEP and ECD, A total of 188 workshops of NTEP have been successfully conducted. In October alone, we conducted a total of 5 workshops. A total of 97 workshops of ECD have been done till date, and 10 workshops of ECD in October 2022. This month total of 43 Basic NRP and 6 Advanced NRP provider courses have been successfully conducted.

On behalf of IAP, I urge you to organize various activities in the best interest of the health and welfare of the country's children.

Long Live IAP, Jai IAP

In service of Academy,

**Dr Vineet Saxena** 

Hon. Secretary General 2022 & 23













Attended Bhopal meeting of DAD (Demystifying Allergic Disorders) organised by IAP Bhopal and IAP Vidisha Branch. Inaugurated IAP Vidisha Branch





Discussion with Hon Health Minister of Madhya Pradesh, Sree Prabhuram Choudhary to finalize Reduction of U5MR project.









at the Inauguration of IAP Dhauladhar Branch in Himachal Pradesh, the 345th District Branch of IAP along with NTEP Oct 7th 2022 at Dharmasala







At PEDGASTROCON Jaipur Oct 8th



UMP module at Bhilai on October 9th organised by IAP Durg Bhilai and IAP Chhattisgarh State Branch













Inaugurating the Conference Secretariat of PEDICON 2024, Kochi at IMA House, Kochi on 11.10.22











At IAP South Zone Pedicon October 15th and 16th at Belgaum

## IAP Navi Mumbai

#### SOCIAL -

- To achieve more effective use and understanding about Antibiotics and it's resistance Our dynamic NMAP Secretary Dr Satish Shahane has compiled his thoughts to make parents understand about the importance of the rational use of antibiotics and how to avoid irrationa use by them. <a href="https://drive.google.com/file/d/1C6nlj-DFSW-kgHEj1qs-dhqalKYsWZw/view?usp=drivesdk">https://drive.google.com/file/d/1C6nlj-DFSW-kgHEj1qs-dhqalKYsWZw/view?usp=drivesdk</a>
- 2. Dept Of Pediatrics at Dr. D.Y.Patil Hospital , Navi Mumbai bid to mark the festivities, and also wore clothes of the nine specific colours until the last day. Worshiped Ma Durga and her 9 avatars, to pray for joyous, prosperous and healthy lives not just for us and our families but also fo our dearest peadiatric patients.
- 3. Maharashtra state level veteran's swimming competition on 8/10/22 and 9/10/22. Dr.Arati 3 gold medals and a silver, Dr. Pravin 1 gold 3 silve and a bronze medal.
- 4. A video to better help understand what AAC is and some misconceptio about AAC (Alternative & Augmentative communication) was circulated by Dr Leena Deshpande, Developmental pediatrician & Director I-CAN child developmental centre.
  - https://youtube.com/watch?v=VGbqsXJWA48&feature=share
- 5. Consequences of Neglecting epidemiology by Global Polio Eradication Innitiative an Article by Dr Dhanya D & Dr T Jacob John an open peer review on Qeios.
- 6. Dr Nobert Hirschhorn, the award-winning scientist who invented ORS, another legend (after Dr Stanley Plotkin) posts his scientific review givil Dr T Jacob John & Dr Dhanya D preprint polio article 5 stars and supporting its publication. <a href="https://www.qeios.com/read/XKG0TF">https://www.qeios.com/read/XKG0TF</a>





#### IAP Navi Mumbai





# रवतदान सर्वश्रेष्ठ दान



Seawoods Resident Welfare Association In Collabration With MGM Hospital & Eye Max Superspeciality Eye Centre, Seawoods Is Organising A Blood Donation Drive On Sunday 4th September 2022 From 9 Am To 3 Pm Please Come Forward To Donate Blood In This Crisis

VENUE: EVEMAX SUPERSPECIALITY EVE CENTRE, OPP.D MART, SEAWOODS (W)
PLEASE REGISTER NAMES ON WHATSAPP - 9930308684 / 9869242326





















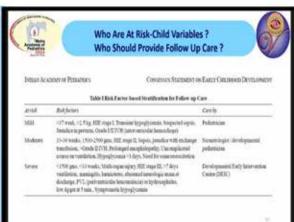














Child India



Look at the GMCD you coded from the previous exercise. Let's interpret each domain.







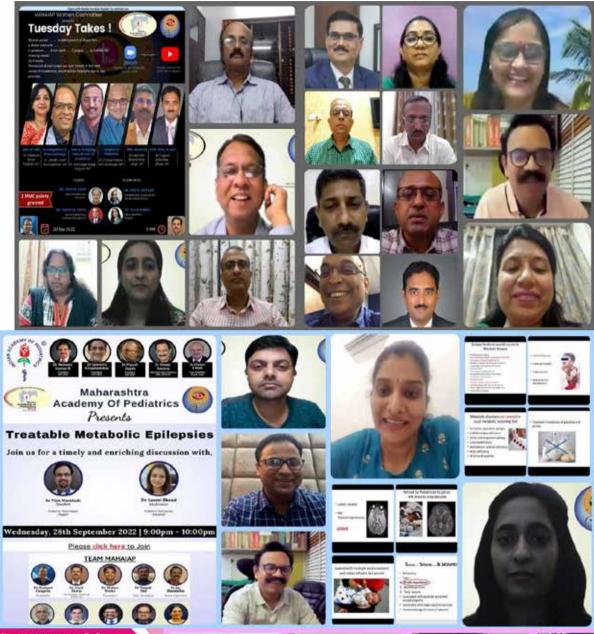




































# MAHARASHTRA ACADEMY OF PEDIATRICS 29th September 2022 Use Heart for Every Heart This year 2022, World Heart Day Theme focuses on promoting the idea of utilizing the opportunity to have a broader outlook and approach towards the betterment of Humanity, Nature and Itself to fight and curb

the enormous mortality rate due to







From Womb Tomb, /E COMMUNICATE



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OR & MINOR OPERATIONS DONE HERE

RVICES (EMERGENCY)

EDALLIST DOCTOR

S FOR ALL MAJOR SURGERIES AVAILABLE

(PEDIATRICIAN) IN THE CITY

ng within one's capability & experience.

tempt to treat and do procedures beyond the scope of one's training &

OSSPATHY

ver reach

PROFESSIONAL INDEMNITY & INSURANCE

- Insure the establishment against mob violence, damage to property and injury to workers
- Insure yourself (PROFESSIONAL INDEMNITY)







#### **RED FLAG SIGNS- STAMP**

- All health professionals should be acquaint abbreviation, which can be used to identify possible assault.
- 5 Staring and eye contact,
- . T- Tone and volume of voice,
- · A- Anxiety,
- · M- Mumbling and
- · P. Pacing
- can allow them to diffuse the issue before it or violent.

#### What to do if violence occurs?

Do not meet anger with anger. Remain calm in the face of provocation and le ings blow over.

Depute someone (preferably beforehand) to take photographs and, even, idio/video records of the violence.

Depute someone to immediately (preferably as part of the SOP) get the edical record of the patient photocopied. If the mob carries away the original cord, the photocopies will be useful.

Inform your lawyer.

Inform the police immediately by phone, etc. and keep a record of such phone







From Womb To Tomb, /E COMMUNICATE





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RVICES (EMERGENCY)

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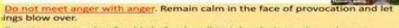




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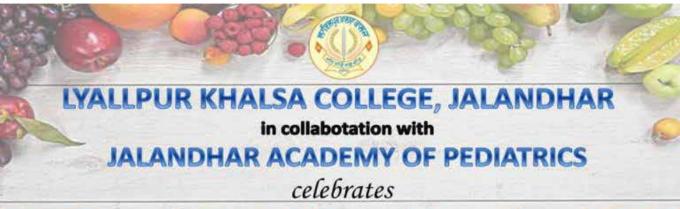


## IAP Jalandhar





## IAP Jalandhar



# **National Nutrition Month - 2022**

Theme: "Bacha & Shiksha - Poshan Bhi Padhai Bhi"
We cordially invite you all to the Veledictory Function

On September 29, 2022 at 1:30 PM Venue: Seminar Hall, Principal Office



Dr. Gurpinder Singh Samra Principal Lyallpur Khalsa College Jalandhar



Dr. Sarvinder Singh Pediatrician Jalandhar



Mr. Kulwinder Bagga Sarpanch, Bolina Doaba Jalandhar

Organized by
Grievances Redressal Cell
NSS Unit



## IAP Jalandhar

-INCINEWS

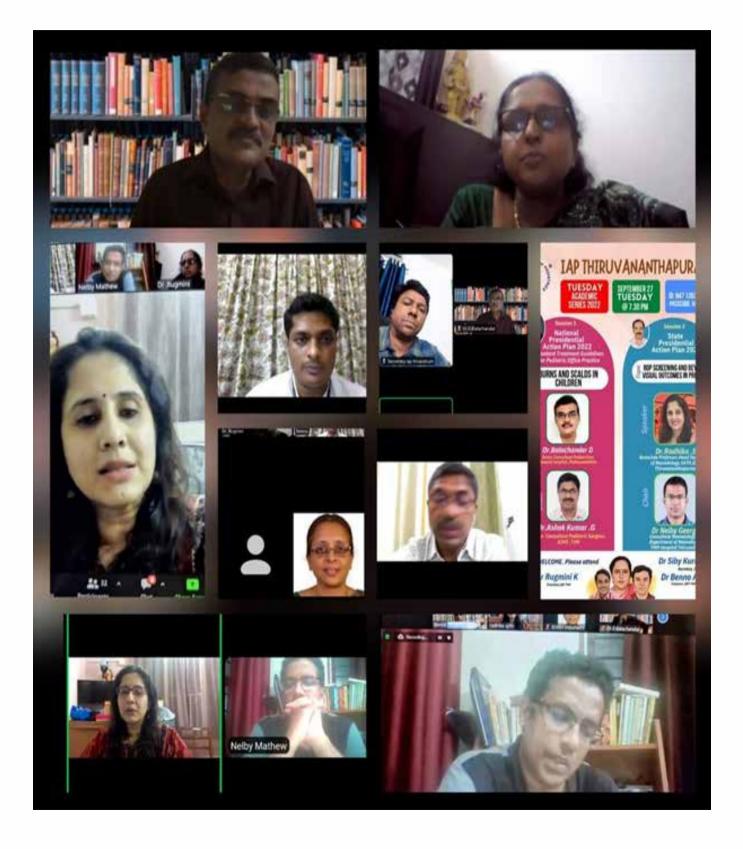
# ਲਾਇਲਪੁਰ ਖ਼ਾਲਸਾ ਕਾਲਜ ਵਿੱਚ ਰਾਸ਼ਟਰੀ ਪੋਸ਼ਣ ਮਾਹ ਦੀ ਸਮਾਪਤੀ 'ਤੇ ਸਮਾਗਮ ਦਾ ਆਯੋਜਨ



ਐਨ.ਐਸ.ਐਸ. ਪੋਗਰਾਮ ਅਫ਼ਸਰ ਲਗਾਉਣ ਬਾਰੇ ਗੱਲਬਾਤ ਕੀਤੀ। ਉਨਾਂ ਸਰਜੀਤ ਸਿੰਘ ਵੀ ਹਾਜ਼ਰ ਸਨ।

ਜਲੰਧਰ (04.10.2022): ਸਤਪਾਲ ਸਿੰਘ, ਸਰੋਤਿਆਂ ਡਾ. ਕਿਹਾ ਕਿ ਸਮਾਜ ਵਿੱਚ ਚੰਗੇ ਤੇ ਨਰੋਏ ਲਾਇਲਪਰ ਖ਼ਾਲਸਾ ਕਾਲਜ ਜਲੰਧਰ ਸਰਵਿੰਦਰ ਸਿੰਘ ਅਤੇ ਸਰਪੰਚ ਸ. ਕਿਰਦਾਰ ਵਾਲੇ ਲੋਕਾਂ ਦੀ ਘਾਟ ਹੈ। ਦੇ ਗੁੀਵੈਂਸ ਰਿਡਰੈਸਲ ਸੈੱਲ ਅਤੇ ਕੁਲਵਿੰਦਰ ਬੱਗਾ ਦਾ ਫੁੱਲਾਂ ਦੇ ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਰਾਸ਼ਟਰ ਦੀ ਤਰੱਕੀ ਐਨ.ਐਸ.ਐਸ. ਯਨਿਟਾਂ ਨੇ ਗਲਦਸਤੇ ਦੇ ਕੇ ਸਵਾਗਤ ਕੀਤਾ। ਡਾ: ਵਿੱਚ ਮੁੱਖ ਯੋਗਦਾਨ ਪਾਉਣ ਲਈ ਇੰਡੀਅਨ ਪੇਡੀਆਟੀਸ਼ੀਅਨ ਸਮਰਾ ਨੇ ਆਪਣੇ ਸੰਬੋਧਨ ਵਿੱਚ ਚਰਿੱਤਰ ਨਿਰਮਾਣ 'ਤੇ ਜ਼ੋਰ ਦਿੱਤਾ ਐਸੋਸੀਏਸ਼ਨ ਪੰਜਾਬ ਦੇ ਸਹਿਯੋਗ ਔਰਤਾਂ ਅਤੇ ਬੱਚਿਆਂ ਦੀ ਤੰਦਰਸਤੀ ਜਾਣਾ ਚਾਹੀਦਾ ਹੈ। ਇਸ ਪਿੱਛੇ ਨਾਲ ਰਾਸ਼ਟਰੀ ਪੋਸ਼ਣ ਮਹੀਨੇ ਦੀ 'ਤੇ ਜ਼ੋਰ ਦਿੱਤਾ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਇਨਾਮ ਵੰਡ ਸਮਾਰੋਹ ਵਿੱਚ ਪੋਸਟਰ ਸਮਾਪਤੀ 'ਤੇ ਇੱਕ ਸੈਮੀਨਾਰ ਦਾ ਅਸਲ ਵਿੱਚ ਬੱਚੇ ਦੇਸ਼ ਦੀ ਤਰੱਕੀ ਦੇ ਮੇਕਿੰਗ, ਸਲੋਗਨ ਰਾਈਟਿੰਗ ਅਤੇ ਆਯੋਜਨ ਕੀਤਾ। ਪੂਰੇ ਮਹੀਨੇ ਦੌਰਾਨ, ਸੂਚਕ ਹੁੰਦੇ ਹਨ ਅਤੇ ਦੇਸ਼ ਦਾ ਸਮੁੱਚਾ ਨਿਊਟ੍ਰੀਸ਼ਨ ਰੈਸਿਪੀ ਮੇਕਰਜ਼ ਦੇ ਪੋਸ਼ਣ, ਪੋਦੇ ਲਗਾਉਣ, ਪਾਣੀ ਪ੍ਰਬੰਧਨ ਵਿਕਾਸ ਇਨ੍ਹਾਂ ਦੇ ਵਿਕਾਸ 'ਤੇ ਨਿਰਭਰ ਜੇਤੂਆਂ ਨੂੰ ਇਨਾਮ ਅਤੇ ਸਰਟੀਫਿਕੇਟ ਅਤੇ ਬੱਚਿਆਂ ਦੀ ਦੇਖਭਾਲ 'ਤੇ ਕਰਦਾ ਹੈ। ਡਾ. ਸਰਵਿੰਦਰ ਨੇ ਆਪਣੇ ਦਿੱਤੇ ਗਏ। ਸਮਾਗਮ ਦੇ ਅੰਤ ਵਿਚ ਪਾਇਮਰੀ ਫੋਕਸ ਦੇ ਨਾਲ ਸੰਬੋਧਨ ਵਿੱਚ ਸੰਤਲਿਤ ਪੌਸ਼ਟਿਕ ਪੋ. ਸਤਪਾਲ ਸਿੰਘ ਨੇ ਸਾਰਿਆਂ ਦਾ ਉਦਘਾਟਨੀ ਭਾਸ਼ਣ, ਪੋਸਟਰ ਆਹਾਰ, ਖੁਰਾਕ ਯੋਜਨਾਵਾਂ ਨੂੰ ਲਾਗੂ ਧੰਨਵਾਦ ਕੀਤਾ। ਸਟੇਜ ਸਕੱਤਰ ਦੀ ਮੇਕਿੰਗ, ਰੈਸਿਪੀ ਮੇਕਿੰਗ ਅਤੇ ਕਰਨ, ਬਾੱਚਿਆਂ ਦੀ ਦੇਖਭਾਲ ਅਤੇ ਭੂਮਿਕਾ ਡਾ. ਉਪਮਾ ਅਰੋੜਾ ਨੇ ਸਲੋਗਨ ਲਿਖਣ ਵਰਗੇ ਮੁਕਾਬਲਿਆਂ ਬਾੱਚਿਆਂ ਨੂੰ ਸਿਹਤਮੰਦ ਭੋਜਨ ਖਾਣ ਦੇ ਬਾਖੂਬੀ ਨਿਭਾਈ। ਸਮਾਗਮ ਦੌਰਾਨ ਦੀ ਲੜੀ ਤਹਿਤ ਸਮਾਗਮ ਕੀਤੇ ਗਏ। ਤਰੀਕਿਆਂ ਬਾਰੇ ਚਰਚਾ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਡਾ: ਜਸਵਿੰਦਰ ਕੋਰ, ਡਾ: ਸੁਮਨ ਸੈਮੀਨਾਰ ਦੇ ਸਮਾਪਨ ਸਮਾਰੋਹ ਵਿੱਚ ਜੰਕ ਫੂਡ ਦੇ ਮਾੜੇ ਪ੍ਰਭਾਵਾਂ ਅਤੇ ਗੈਰ- ਚੋਪੜਾ, ਡਾ: ਪਲਵਿੰਦਰ ਸਿੰਘ, ਡਾ: ਪਿੰਸੀਪਲ ਡਾ: ਗਰਪਿੰਦਰ ਸਿੰਘ ਸਿਹਤਮੰਦ ਖਾਣ-ਪੀਣ ਦੀਆਂ ਆਦਤਾਂ ਜਸਵੰਤ ਕੋਰ, ਡਾ: ਦਿਨਕਰ ਸ਼ਰਮਾ, ਸਮਰਾ ਨੇ ਗੀਵੈਂਸ ਰਿਡਰੈਸਲ ਸੈੱਲ ਦੇ ਬਾਰੇ ਵੀ ਚਰਚਾ ਕੀਤੀ। ਸਰਪੰਚ ਸੀ ਡਾ: ਅਜੀਤਪਾਲ ਸਿੰਘ, ਡਾ: ਨਵਜੋਤ ਕਨਵੀਨਰ ਡਾ. ਗਗਨਦੀਪ ਕੋਰ ਅਤੇ ਬੱਗਾ ਨੇ ਜਲ ਪ੍ਰਬੰਧਨ ਅਤੇ ਬੂਟੇ ਕੋਰ, ਡਾ: ਅਮਨਦੀਪ ਕੋਰ ਅਤੇ ਪੁੱ:





















# Program 1, IAP Thiruvananthapuram, National nutrition week celebrations











National nutrition week celebration s Was conducted at NIMS medicity. Awareness session on nutritious diet for kids was conducted by Dr Nisha and dietician Mrs Aswathy. Nutritious dhal carrot payasam was served for children.

















































